



## 2019 RIDE TO CONQUER CANCER CREW TEAMS

### ADVANCE TEAMS

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**Route Marking:** Works on Friday through Sunday to mark route with directional and traffic signage. Putting up signage is on Friday and Saturday and signage take-down is on Sunday. The Route Marking team collects signage each day as the route has closed and repairs signage as necessary. Great opportunity to see the whole route. *Must be available Friday before event and able to drive a vehicle.*

**Tent & Camp Set Up:** Work with our Camp Manager to ensure our camp is set up for Saturday mid-day. Also work with Camp Manager to maintain cleanliness of camp and camp schedule is kept on time. Work with Camp Manager on Sunday to tear down camp. *Must be available Friday before event.*

### ROAD BASED TEAMS

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**Crew Shuttle:** Works closely with staff, participants and the bus driver. Acts as a navigator and communications assistant to transport crew and tired/injured riders to specified locations. Communicates often with the dispatch team. Sitting for long periods of time while riding on the bus.

**Pit Stop Team:** Essential functions include the daily set-up of snacks and hydration areas. Also required to help with traffic control at each rest stop location. Help both the medical team get set up on site. Inventory supplies at the end of each day. These teams are the first to leave in the morning and often the last to return to camp at night. Pit Stops offer food, beverage, mechanical support and medical services. *Some lifting required.* This is a great job for crew who want a lot of contact with the riders and cheer them on! *Drivers for trucks are needed (15' truck).*

**Ice Distribution:** This team assists in the distribution and replenishment of snacks and ice needed for each of the route stops. Will also pick-up leftover snacks at the end of each day as needed. The crew teams at each stop will assist with the unloading and reloading of supplies throughout the day. The team works closely with dispatch staff to be certain that all route stops have sufficient snack supplies each day. *Lifting required. Drivers for the trucks are needed (24' truck). Please notify your Crew Coach if you have a license to drive special truck classes.*

**Sweep:** This team drives along the route in personally owned vehicles outfitted with bike racks (must provide your own). The team will provide transportation to Riders who need Medical or Mechanical support between stops. You will also encourage the riders the whole way with music and decorations. This team patrols the route from open to close. *Some lifting required. Must provide own vehicle equipped to carry bikes. (Preferably a Pick Up, SUV or Mini-Van) Must have driver's license and proof of insurance.*



**Green Team:** This team is responsible to ensure the route and all route stops/event sites are restored to their original condition prior to our arrival. The team will drive and collect all garbage at the Pit Stops. Crew teams at both route stops and main event sites will assist with organizing the waste/ recycling. This is a very physical job and absolutely necessary for the event. Ideal for 'Green Minded' people. *Some lifting required.* **Drivers for trucks are needed (24' truck).**

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## START, CAMP & FINISH TEAMS

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**Bike Parking Team:** This team will manage bike parking set up and take down at opening ceremonies sites and camp. Help riders park their bikes and attach bike id plates. Verify rider credentials and bike plates match as bikes are picked up.

**Gear Team:** This team manages the collection and distribution of all participant gear throughout the event. The team will load all gear into trucks in the morning, then off-load gear in the assigned area at camp. Assists participants in locating their personal gear. Team may be asked to assist with the sleeping tents at camp as well if needed. *Lifting Required. Drivers for the trucks are needed (24' truck.)*

**Traffic and safety:** Responsible for managing vehicular and pedestrian traffic info and out of Opening Ceremonies, Camp and finish. Directs people to appropriate parking areas and allows only Event vehicles into designated parking areas. Enforces parking plans established by the Logistics Team.

**Food Service:** This team will assist handing out meals on both Saturday and Sunday. At Opening Ceremonies, Camp and the Finish Line. Other duties include restocking napkins and dinnerware, clearing plates, keeping water stations full and marking credentials. May include guest check in for VIP dining areas.

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## CAMP BASED TEAMS

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**Camp Team:** Work with Event Staff to run the main camp site. This team will split into groups to manage all aspects of this busy site including changing water stations and garbage, setting up tents, tidy hand washing stations, clearing plates and tables in the dining area, help with tent assignment, bike parking and more. Work with Camp Manager on Sunday to tear down camp.

**Tent Assignment:** This will require two very organized crew members. Every rider and crew gets assigned a two-person sleeping tent for the Saturday. Not all of our riders or crew choose to check in online, and therefore do not get assigned tents. You will be assigning tents to these riders and crew on event. You will start off at our opening ceremonies site and once the riders are released you will be sent to camp to continue assigning tents.

**Massage Liaison:** This will require two very organized crew members. You will be responsible for booking massages for riders at our camp site. You will work closely with the massage therapists to ensure a smooth running of our massage tent.



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## SPECIALTY TEAMS

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**Medical:** Comprised of a variety of medical professionals, this team provides all first-aid medical services to participants either along the route at pit stops or at the start, camp and finish. They will provide medical care where necessary until local EMS/Paramedics arrive on scene. The Medical Tent is staffed 24 hours each day. Medical Team will be screened as necessary for appropriate experience and training. *All Medical Team members must provide proof of their Medical License and Insurance.*

**Massage:** This team provides essential massage services to participants during the event. Ideally, massage therapists will be experienced in sports massage, with at least 200 hours of experience. Services will be offered at Camp. *Proof of certification or student status must be provided in advance.*

**Motorcycle Safety:** Moto Safety works with dispatch staff and local law enforcement to guarantee safe passage for riders during each day's route. Assist at difficult intersections and other locations as requested. *Required to provide own motorcycle and helmet, a copy of your license, and proof of insurance.*

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## YOUR NEXT STEPS

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1. Call your Crew Coach at [888] 624-BIKE [2453] (ext. 7064) for clarification or more detail on any team.
2. Complete and send your assignment form OR email your form to [bcridecrew@conquercancer.ca](mailto:bcridecrew@conquercancer.ca)
3. Challenge yourself to fundraise and start reaching your goals!