



## 2019 CREW POSITIONS

**Note:** Each volunteer team has a captain role. The responsibility of the captain is to act as my liaison for a specific volunteer team on event day and prior to the event. You would be responsible for relaying messages to the rest of your volunteer team and would be required to attend a volunteer meeting the Friday before the event.

### BEFORE THE EVENT

#### Office Volunteers:

Gain administrative experience by helping in our event office. Volunteers can assist the team with phone calls, mailings, and more. Gain experience that can help you with your future activities! *Times and days vary based on need.*

### DURING THE EVENT ON JULY 6 AND 7th 2019

**Jean-Baptiste Meilleur School, Repentigny (Start line) - Saturday**

**Chavigny School, Trois-Rivières (Camp) – Saturday and Sunday**

**Notre-Dame-De-Foy College, St-Augustin-de-Desmaures (Finish line) – Sunday**

#### Advance Camp Set-Up

Works closely with Logistics staff to set up camp one day in advance of the Riders' arrival. Sets up sleeping tent "grid," all tables and chairs in dining area and service tents, works with Site Manager on other projects. Some lifting required. Please advise if you are available Friday July 5<sup>th</sup>.

#### Route Marking

In teams of 2 or 3, you will mark the route with directional signage, pick up signage after the route has closed, and repair signs as necessary. Great opportunity to see the whole route. Ideal for former riders. Please advise if you are available Friday, July 5<sup>th</sup>.

#### Bike Parking & Rack Team

This team will manage the bike rack set-up and break-down as well as transport between the main event sites requiring a Bike Parking Area. The team will manage the Bike Parking area and ensure each Rider has the corresponding bike tag and credential as well as that the bike tag is attached properly. Will assist riders with parking their bikes as necessary. Lifting required.

## **Taxi**

This team works closely with our Dispatch center to transport participants and supplies as needed. You must provide your own vehicle. Required: copy of driver's license and proof of insurance.

## **Bus Liaisons**

Works closely with event staff, participants and the bus driver. Acts as a navigator and communications assistant to transport Crew and tired/injured Riders to specified locations. Communicates often with the Dispatch Team. Is sitting for long periods of time while riding on the bus. An excellent Opportunity to see the entire route!

## **Pit Stop Team**

This team is responsible for the daily set-up, food distribution, bike parking and traffic control at each rest stop location. These teams are the first to leave in the morning and often the last to return to camp at night. Pit Stops offer food, beverage and Medical services. Some lifting required. \*Drivers for the trucks are needed (20' truck). \*

## **Hydration & Snack Support**

In a team of 2 (one truck driver and one navigator) this team assists in the distribution and replenishment of water, ice, and snacks needed for each of the Route Stops. Will also assist with pick-up of leftover water at the end of each day, as needed. The existing Crew Teams at each stop will assist with the unloading and reloading of supplies throughout the day. The team works closely with Dispatch staff to be certain that all Route Stops have sufficient hydration & snack supplies each day. Some lifting required. \*Drivers for the trucks are needed (20' truck). \*

## **Sweep**

This team circulates throughout the route in vans or SUVs outfitted with bike racks, providing transportation to Riders needing assistance to rest stops. This team is a group of event support vehicles who will help riders if needed as they go. Also encouraging the riders the whole way with music and decorations. Some lifting required. You must provide your own vehicle. Required: a copy of your driver's license and proof of insurance.

## **Green Team**

This team is responsible to ensure the route and all sites are restored to their original condition. The team will travel the route each day and stop at all Pit Stops to collect all prepared bags of waste for removal. Of note, the Green Team often shows up before the site is closed, which means you are free to mingle with and encourage cyclists and help out with Pit Stop/Lunch duties as needed. Heavy lifting required. \*Drivers for the trucks are needed (20' truck). \*

## **Lunch**

This team is responsible for the set-up, operation and take-down of the lunch area in conjunction with the Catering professionals who transport the lunches to the site. Specific tasks include distributing bag lunches, distributing drinks, controlling vehicle traffic and cleaning up the lunch area. Some lifting required. \*Drivers for the trucks are needed (20' truck). \*

## **Food Service and dining area maintenance**

This team serves breakfast and dinner cafeteria style at Opening Ceremonies and Camp and keeps dining area clean by collecting garbage and cleaning off the tables. Must be able to stand for two to three hours at a time. Working on the Food Service team is a great way to meet and see all involved with the Weekend - Crew, Riders, Staff, and evening entertainment.

## **Gear & Tent**

The Gear Team will load all gear into trucks in the morning and then in teams of 2 will drive the trucks to our Campsite. Upon their arrival, this team will unload the gear in the assigned area at camp and assists the participants in locating

their personal gear. This team will also help set up tents at Camp. Lifting required. \*Drivers for the trucks are needed (20' truck). \*

### **Motorcycle Safety**

Moto Safety works with Road Dispatch staff and local law enforcement to guarantee safe passage for Riders during each day's route. Assist at difficult intersections and other locations as requested. Required to provide own motorcycle and helmet, a copy of your license, and proof of insurance.

## **SPECIALTY TEAMS (CERTIFICATION REQUIRED)**

### **Massage**

This team provides essential massage services to participants during the event. Ideally, massage therapists will be experienced in sports massage, with at least 200 hours of experience. Services will be offered at Camp and the Finish Line on Saturday and Sunday. Proof of certification or student status must be provided in advance.

### **Yoga**

This team will lead interested Participants in yoga and stretching. Proof of certification is required. Services will be offered at Camp on Saturday. Proof of certification must be provided in advance.